Rotary Run/Walk 5K & Fun Run

Sponsored by the Rotary Club of Mt Pleasant



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Date:Tuesday, September 10, 2019Time:Fun Run: 6:00 p.m.5K Run/Walk:6:15 p.m.Where:City Hall in Mt Pleasant, MI

Purpose: From providing community grants for the Isabella County Soup Kitchen, Children's Discovery Museum and local scholarships for high school students to supporting international epidemics like clean water in Zambia and polio eradication worldwide, funds generated from the Rotary Run 5K will be put toward increasing support to projects just like these. Whether you're a veteran volunteer or new to community service, we're looking for people like you. Discover the benefits of supporting Mt. Pleasant Rotary at www.mprotary.com.

Registration: Runners are encouraged to pre-register before September 2, 2019 for a fee of \$25. Late registration after September 2 will be \$30. Shirts are guaranteed for those registering prior to September 2, 2019. Shirts not guaranteed if registered after September 2. Post-Race Refreshments will be provided.

Fun Run: Registration is \$10 for all children 10 and under. Online Registration not available for this event. Please register for this event the night of. This includes a grab bag, medal and refreshments. No shirt is included. The Fun Run will be at 6:00 p.m. prior to the race.

Mail entries to: Rotary 5K Registration, PO Box 252 Mt Pleasant, MI 48804-0252 or FAX (855)379-9739. Make checks payable to: Rotary Club of Mt Pleasant. Registration will be open at 5 p.m. race day for late registration. http://RotaryRunWalkFunRun.itsyourrace.com/register/

5K awards: 5K Run Awards to top 3 in each age group: 14 & Under, 15-19, 20-29, 30-39, 40-49, 50-59, and 60+. Awards to overall top three walkers. The race is chip timed.

Race Information/Questions: http://www.facebook.com/MPRotary or email mtpleasantrotary5k@gmail.com.

Last Name: Address:	ess: State/Zip <u>:</u> I:		First Name:		
City/State/Zip <u>:</u> Email:			Telephone Number:		
Date of Birth:			Sex: Male or Female		
Circle one: 5K Runner	5K Walker	Fun Run	T-Shirt Size:	Youth or Adult	S M L XL XXL

I am a complementary runner/walker thanks to an event sponsorship from:

(All fees will be waived because the above mentioned company donated to be an event sponsor)

5K Waiver: I know that running a road race is a potentially hazardous activity. I should not enter unless I am medically able and properly trained. I assume all risks associated with participating in this event including, but not limited to: falls, contact with other participants, the effects of the weather, traffic and the conditions of the road, all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your accepting my entry to participate in the Rotary Run 5K, I, intending to be legally bound, do hereby for myself, my heirs, my executors and administrators agree as follows: I do waive and forever release any and all rights and claims for any damages and liabilities of any kind arising out of my participation in the event against all persons, entities and agencies involved with promoting and holding the event.

Signature (Parent if under 18): Date: NOTE: Separate entry forms and signed waivers must be completed for each participant.